

Exploring Personal Identity

PART 1 - What is identity? Identity is the set of *qualities* and *beliefs* that make one person or group different from others. Identity isn't just one thing. It is the mixture of things that makes a person or group unique.

One way to learn about a person's identity is by looking closely at objects that belong to that person or are connected to that person in some way. Objects can teach you about what a person does, likes, or dislikes. Objects can also teach you about what is important to a person and who a person is.

Learn about who Mabel McKay is by watching *The Story of Mabel McKay* video and looking at the objects in the video at theautry.org/education/educational-videos.

PART 2 - After looking at the objects and learning about who Mabel McKay is from *The Story of Mabel McKay* video, think about your own identity and what makes you unique. Answer the questions in the chart below about your identity and the objects that *represent* your identity. Write your answers in the space below or on a separate piece of paper.

IDENTITY QUESTIONS	MY IDENTITY ANSWERS	WHAT IS AN OBJECT THAT REPRESENTS THIS PART OF YOUR IDENTITY?
Who are you? Think about some words that describe who you are.		
What do you do? Think about the types of activities you do.		
What do you like?		
What do you dislike?		
What is important to you?		

Glossary

Beliefs: feelings of being sure that a person or thing exists or is true, something believed

Qualities: characteristics that someone has; something that can be noticed as a part of a person

Represent: serve as a sign or symbol

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PART 3 - Share what you've learned about your identity by taking a photograph or making a drawing, painting, or video that shows parts of or all of your identity. Include yourself and some of the objects that represent your identity from PART 2 in your drawing, painting, photograph, or video. Plan your drawing, painting, photograph, or video before creating it by writing answers to the questions below in the space provided or on a separate piece of paper.

MY PLAN

QUESTIONS	ANSWER EXAMPLES	MY ANSWERS
What will you create?	Drawing Painting Photograph Video	
What materials will you need to create it?	Camera Colored Pencils Crayons Markers Music Paint Paintbrush Paper Pens Pencils Video Camera Other Materials	
What object(s) will you include that represent(s) your identity?	Choose one or more objects from PART 2 to include in your creation.	

